



## Overview

### **What is the Student Assistance Program (SAP)?**

SAP is the district's student assistance program supporting students' social-emotional and behavioral needs. Site SAP Teams work together to coordinate SAP services.

**SAP Counselors** provide individual and group counseling, connect families and students to school and community resources, conduct classroom lessons, enhance school wide PBIS systems, provide prevention services for bullying, violence, and substance abuse, and support families through meetings, support groups, and workshops. Additionally, they may offer staff development in the area of children's social-emotional needs. Along with site administration, they coordinate the site SAP Team.

**SAP School Psychologists** and **SAP Prevention Assistants** work with site staff on matters related to students' behavioral needs. They may serve as members of the School SAP Team, provide consultation, participate in parent meetings, including SST Meetings, and enhance PBIS school wide systems. SAP School Psychologists provide training for, and work closely with, SAP Prevention Assistants who work directly with teachers and students. They may also support families and staff through workshops and trainings.

### **Where is SAP Located?**

SAP administration is located at the Central Registration Center (CRC) in the Pupil Services/SELPA Department. The SAP Counselors are assigned to specific sites and SAP Psychologists and SAP Prevention Assistants work at various schools, according to need. Dr. Katarina Roy Schanz, Coordinator, Student Assistance, is based at the CRC and can be reached at (951)352-1200 x83302. Also housed at the CRC are SAP Bilingual Community Liaison, Eduardo Diaz (x83016), and Administrative Secretary, Armando Luna (x83013).

### **Who would benefit from SAP services?**

SAP staff work with students demonstrating social-emotional, and/or behavioral concerns impacting their ability to fully participate in instruction and/or school activities.

### **What can SAP do to support site staff members?**

SAP exists to support school staff members in serving our students and families. School staff members may consult with SAP staff. When assistance is needed to address student concerns, a school counselor or administrator may be the initial point of contact or school staff may connect directly with SAP staff.

### **How do I refer a student to SAP?**

School staff may complete referrals for students to the **SAP Counselor**. They may also assist parents or students in making referrals. Referrals to the **SAP Psychologists and Prevention Assistants** will occur through the Student Success Team (SST) process.

### **Reasons to refer students to SAP:**

**Social-emotional concerns** including recent loss, appearing depressed, recent dramatic changes in appearance, behavior, and/or attitude, victims or aggressors in acts of bullying, displaying signs of possible substance use or abuse, inconsistent school attendance, sudden drop in grades, family conflict or turmoil, etc. **Behavioral concerns** including lack of response to school wide and classroom expectations, lack of appropriate social-skills, or aggression, withdrawal, damage to property, etc.