

PROJECT CONNECT:

STUDENT ASSISTANCE PROGRAM (SAP)

SUPPORTING SOCIAL, EMOTIONAL, AND BEHAVIORAL GATEWAYS TO LEARNING...AND LIFE!



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Workshop Outcomes

- Introductions
- Purpose of Workshop
 - RUSD's efforts to support social, emotional, and behavioral needs of students through Tier I and Tier II interventions
 - Collaborative sharing of questions, concerns, efforts, needs
 - Development of possible next steps within the contexts of participant districts

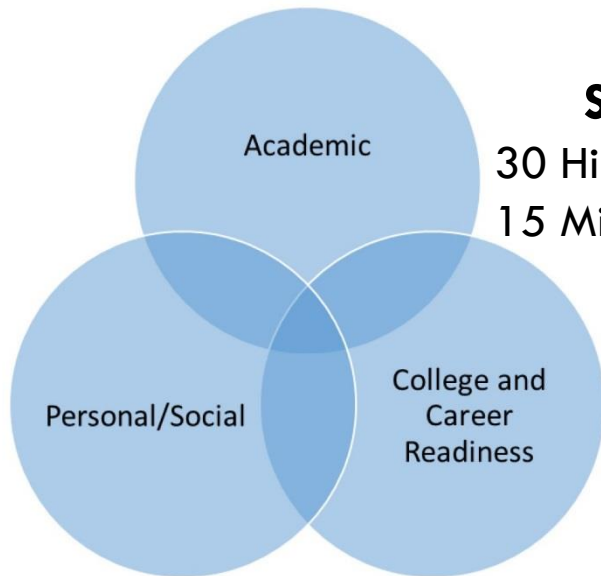
Student Assistance Program

Local Control Accountability Plan

Addressing Non-Academic Barriers Through Social, Emotional, and Behavioral Supports

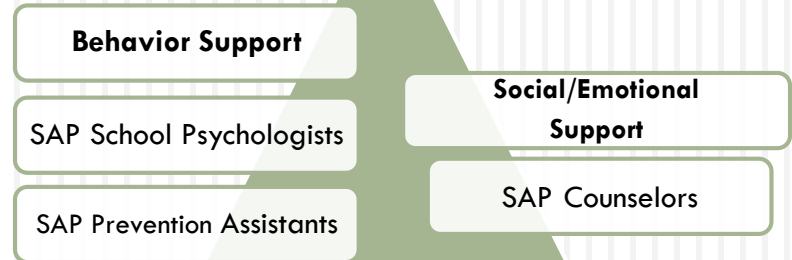
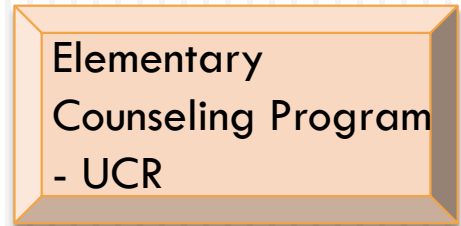
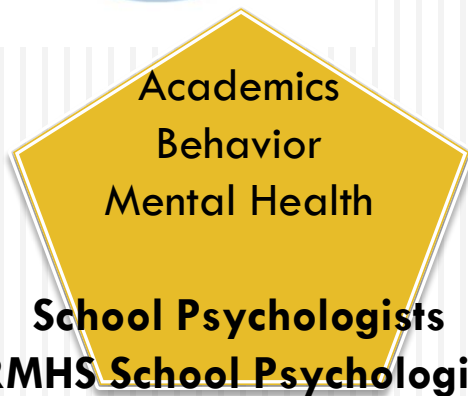
- Social-Emotional Needs recurring conversation in LCAP Community Forums
- Need for trained professionals to work with students
- LCAP Goal 3 – Fully engage students, parents and the community in support of short and long-term educational outcomes. **\$3,675,162 LCFF**
 - 3.1 Increase services for students exhibiting behaviors that are interfering with their learning.

Counseling and Behavior Support Riverside Unified School District



School Counselors

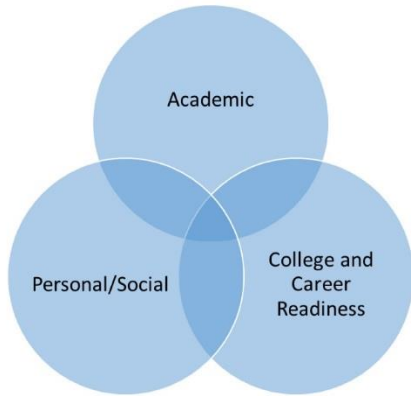
30 High School Counselors
15 Middle School Counselors



Student Assistance Program - SAP

2 SAP School Psychologists
10 SAP Prevention Assistants
27 SAP Counselors

Counseling and Behavior Support in RUSD



RUSD School Counselors

30 High School Counselors

15 Middle School Counselors

American School Counselor Association
NATIONAL STANDARDS FOR SCHOOL COUNSELING

ACADEMIC DEVELOPMENT

- Standard A** Students will acquire the attitudes, knowledge and skills, that contribute to effective learning in school and across the life span.
- Standard B** Students will complete school with the academic preparation, essential to choose from a wide range of substantial post-secondary options, including college.
- Standard C** Students will understand the relationship of academics to the world of work, and to life at home and in the community.

CAREER DEVELOPMENT

- Standard A** Students will acquire the skills to investigate the world of work relation to knowledge of self.
- Standard B** Students will employ strategies to achieve future career success and satisfaction.
- Standard C** Students will understand the relationship between personal qualities, education and training, and the world of work.

PERSONAL/SOCIAL DEVELOPMENT

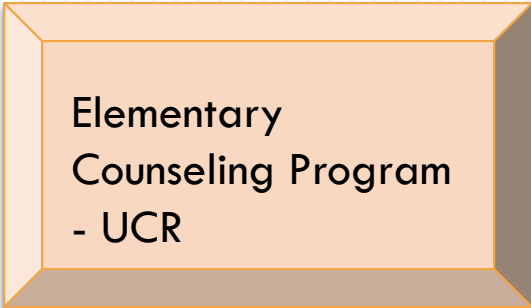
- Standard A** Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.
- Standard B** Students will make decisions, set goals, and take necessary action to achieve goals.
- Standard C** Students will understand safety and survival skills.

Counseling and Behavior Support in RUSD Prior to SAP

Memorandum of Understanding (MOU) with UCR

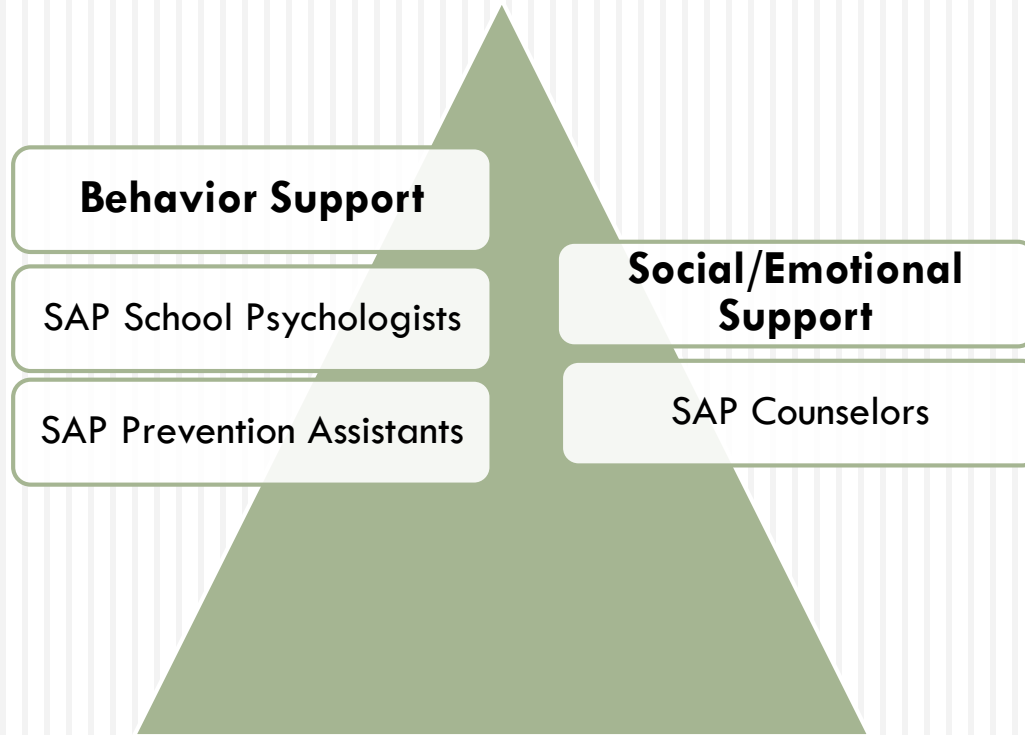
Interns placed at all elementary schools.

Students benefitted from individual and group counseling. Referrals to outside agencies were made, as appropriate.



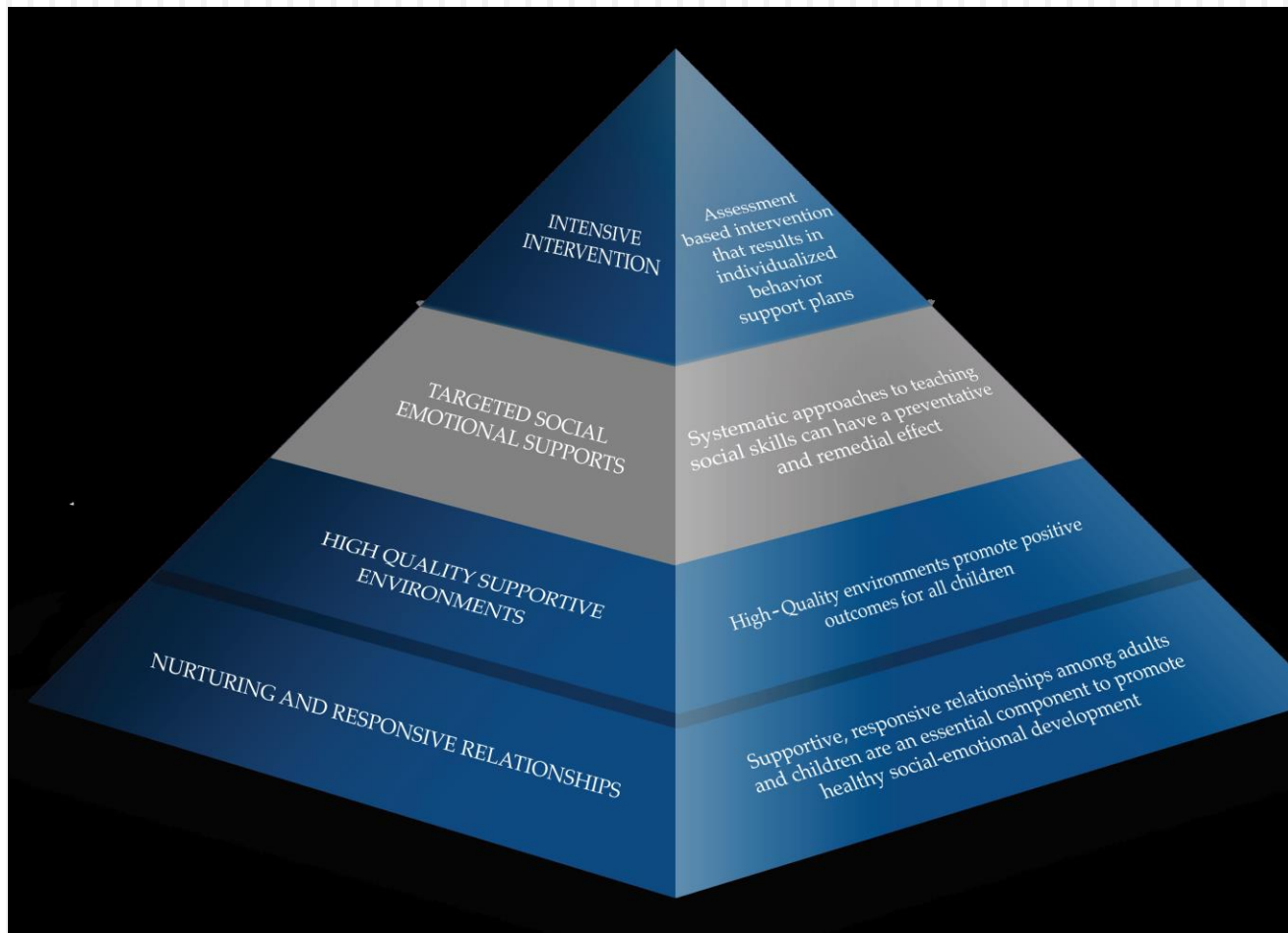
Elementary
Counseling Program
- UCR

SAP Counseling and Behavior Support



Student Assistance Program

Tiers of Social/Emotional Support



Student Assistance Program (SAP)

SAP is the district's Student Assistance Program supporting students' social, emotional, and behavioral wellness.

SAP Involves:

- A school-based approach to providing social, emotional, and behavioral support to students
- Identifying students in need of intervention, assessment of specific needs, and providing support

Mission, Vision, and Goal

Mission

To provide district wide leadership in promoting socially, emotionally, and behaviorally healthy, drug-free students, families, and communities.

Vision

Individuals, families, organizations, communities, and policy makers engage in effective prevention practices and support policies that promote healthy lifestyles.

Goal

Supporting social, emotional, and behavioral gateways to learning...and life!

Student Assistance Program Staff

Director, Pupil Services

Coordinator, Student Assistance

Administrative Secretary

SAP Bilingual Community Liaison

Program Coordination and Support

Student Assistance Program Staff

2 SAP School Psychologists (17 schools each)

10 SAP Prevention Assistants

(5 assigned to work with each SAP School Psychologist)

27 SAP Counselors (all RUSD schools)

10 Full-time

17 50/50 split

Role of SAP School Psychologists

- Students referred for Behavioral Support through SST process
- Work with staff, students, and parents
 - ▣ Provide consultation to school staff
 - ▣ Develop workshops and trainings
 - ▣ Participate in parent meetings, SSTs
 - ▣ Conduct Observations
 - ▣ Progress Monitor
 - ▣ Develop Behavior Support Systems and Plans
 - ▣ Support PBIS systems
 - ▣ Oversee work of Prevention Assistants

Role of SAP Prevention Assistants

- Students referred for Behavioral Support through SST process
- Work with staff, students, and parents
 - Under guidance of SAP School Psychologists
 - Work directly with students and teachers
 - Implement Behavior Support Plans
 - Conduct observations
 - Implements supports and monitor progress
 - Ongoing consultation with assigned psychologist
 - Support PBIS systems
 - Participate in workshops and trainings

Role of SAP Counselors

- Conduct Family Interviews and Intake
- Lead Classroom Lessons
- Facilitate Restorative Circles
- Enhance school wide PBIS systems
- Deliver Social-Skills Lessons
- Provide prevention services for bullying, violence, & substance abuse
- Provide Individual and Group Counseling
- Support families through meetings, support groups, workshops, and referrals to school & community resources
- Offer staff development in the area of social and emotional wellness

Referral Process for SAP Counselor

- **Rapid Referral**
 - Immediate Need/Crisis
 - Threat and Risk Assessments
- **General Referral**
 - Ongoing Issues or Needs



SAP Counselors

- General Referrals
 - Meet briefly with student for introduction and explanation
 - Contact Parent/Guardian and schedule Family Interview
 - Conduct Comprehensive Family Intake/Interview
 - Identify student and family strengths, needs, and concerns
 - Create Plan
 - Counseling, school, and/or community resources, etc.

SAP Counselors

- Professional Development
 - Public School Systems 101
 - Interview Model
 - PBIS
 - Restorative Practices
 - Boys Town Social Skills
 - Cognitive Behavioral Intervention for Trauma in Schools (CBITS)
 - Trauma-Informed Compassionate Classrooms
 - Mindfulness in Schools

Impact by Numbers

□ SAP School Psychologists and Prevention Assistants

SAP Psychologists	Observations/ Data Collection by Psychs and PAs (to date in 2016-2017)	Behavior Support Plans with PAs in Schools (to date in 2016- 2017)	Behaviors Support Plans with PAs in Schools (Active)	SSTs/504s Attended (to date in 2016- 2017)	Consultation/ Collaboration via phone/ Email/in-person with admin or teachers (to date in 2016-2017)
	110 students (22 pending referrals)	50	30	105	**200+

□ SAP Counselors

RAPID Referrals	GENERAL Referrals	TOTAL Referrals	Family Interviews/ Intakes	Students Individual Counseling	Students Group Counseling
1,440	6,030	6,470	2,505	5,428	981

Impact by Numbers

Riverside Unified Chronic Absenteeism Rate				
	2014-15 Actual	2015-16 Actual	2016-17 Target	2016-17 LCAP Monitoring March 2017
All Students	11.4%	10.7%	9.6%	7.9%
African American	14.1%	13.5%	12.2%	10.5%
Hispanic	11.5%	10.8%	9.7%	8.0%
Low Income	11.3%	12.2%	11.0%	8.9%
English Learners	10.4%	10.8%	9.7%	7.6%
Students with Disabilities	19.7%	18.3%	16.5%	13.6%
Reclassified Fluent English Proficient	-	6.5%	5.9%	4.6%
Homeless Youth	-	17.8%	16.0%	15.2%
Foster Youth	-	18.5%	16.7%	13.3%

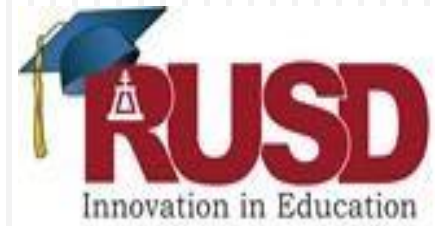
RUSD Challenges

- 1 to 1 counselor/school ratio
- Expansion of behavioral supports
- Engagement with county mental health supports
- Engagement with local university mental health training programs
- SAP vs ERMHS vs PPS Counselors
- Merging of Education and Clinical worlds

Your Turn

- Where are you currently in your school's or district's efforts in this area?
- What can you do with what you have?
- What community resources are available?
- What would your dream program look like?
- What steps do you need to take
 - To get something up and running with current resources?
 - To move towards implementing your dream program?
- How can we each support each other?

Comments/Questions



Secret #8:
This world is Amazing
& you'll forget that again
& again your whole life.
But if you Remember
more than you forget,
You'll be fine.

Thank you!

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