

## Community Resources

PARENTING	Phone
Carolyn E. Wylie Center	951-683-5193
Parent Project	951-741-1429
Olive Branch Counseling	951-369-8534

### SUPPORT GROUPS

Open Doors	888-358-3622
Kinship/Youth Warmline	800-303-0001
Parent-to-Parent Support	951-358-3622

### GRIEF SERVICES

The Stephan Center	951-340-1075
Central Counseling Services	951-778-0230
Bereavement Services	909-558-7261

### DOMESTIC VIOLENCE RESOURCES

Alternatives to Domestic Violence	951-683-0829
Family Justice Center	951-955-6100
Option House	909-381-3471

### TEMPORARY/RESIDENTIAL PROGRAMS

Operation SafeHouse	951-351-4418
Path of Life Shelter	951-462-9822
I Care Shelter Home	951-359-8350

### HOUSING

Fair Housing Council	800-655-8612
Housing Authority Riverside	951-351-0070

### FOOD/CLOTHING/RESOURCES

Catholic Charities	951-689-1803
Arlington Temporary Support Community Services	951-689-5620 951-354-7095

## Project Connect: Student Assistance Program

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## Riverside Unified School District

### Project Connect: Student Assistance Program

Mission: To provide district wide leadership in promoting socially, emotionally, and behaviorally healthy, drug-free students, families, and communities.



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*“Supporting social, emotional, and behavioral gateways to learning...and life!”*

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## What is the Student Assistance Program?

RUSD's Student Assistance Program supports students' social, emotional and behavioral needs by providing individualized school-based services. Students are identified and referred for assessment and intervention. SAP team members work with school staff, students, and families to identify the most appropriate intervention which may include SAP services and/or referrals to other school-based services and community providers.

In addition to individualized services, the Student Assistance Program can provide:

- ❖ Presentations
- ❖ Workshops
- ❖ Classroom Lessons
- ❖ Social-Skills Lessons
- ❖ Prevention Services for Bullying, Violence, and Substance Use
- ❖ Staff Development

### SAP Counseling Services

The SAP Counselors are licensed clinicians and each school has an assigned SAP Counselor. Students are referred by staff, parents, or other concerned parties. Students may also self-refer. Once the referral is received, the SAP Counselor will contact the caregiver to schedule a Family Interview. *In some cases, minors over 12 may consent to working with their school's SAP Counselor.*

### What to Expect During Family Interview?

The family participates in a 90-minute Family Interview. This time allows the SAP Counselor to hear the family's story, identify their strengths, understand their concerns, and create a collaborative plan for moving forward. Resources will be provided to suit the family's needs and, if determined to be appropriate, counseling services with the SAP Counselor may be initiated.

### SAP Behavior Support

The SAP Behavior Support Team is comprised of SAP School Psychologists and SAP Prevention Assistants. They work directly with teachers and students and can also support family members through workshops and trainings. Students are referred through the SST process for observation and intervention.



## Community Resources

MENTAL HEALTH SERVICES Phone

RCDMH Cares Line	800-706-7500
Catholic Charities	951-689-1803
Olive Branch Counseling	951-369-8534

CRISIS SUPPORT

Help Line	951-686-4357
Boys Town Hotline	800-448-3000
National Suicide Prevention	800-273-8255

CHILD ABUSE REPORTING AND SERVICES

Riverside DPSS Hotline	800-442-4918
National Child Abuse Hotline	800-422-4453
The CAP Center	800-CHILDREN

SUBSTANCE USE SERVICES

Riverside County DMH	800-499-3008
MFI Recovery	800-923-5634
Alanon/Alateen	888-425-2666
Narcotics Anonymous	800-863-2962
Marijuana Anonymous	800-766-6779

LGBTQ RESOURCES

PFLAG	877-997-3524
Trevor Project	866-488-7386
The Center	951-293-4528